



Regis High School's Mission

Regis High School, a Catholic educational community, strives to be accessible to all students and to meet their varied academic needs. Regis affirms the uniqueness and dignity of individuals, inspires the pursuit of excellence, fosters faith and develops a commitment to service and justice through a balanced academic and co-curricular program.

What is Christian Community Service?

- is an act of justice accompanied by spiritual reflection
- is for a non profit organization
- benefits others
- is out of your comfort zone
- is a new experience
- makes a connection
- meets a real and basic human need
- and above all, promotes student spiritual growth

EXAMPLES OF CHRISTIAN SERVICE

SERVICE AT SCHOOL

- Regis Auction
- RAA breakfasts, wood stacking
- Take stats at sporting events (including Middle School track meets)
- St. Mary Carnival

SERVICE AT CHURCH

- Church breakfasts or dinners
- Church cleaning

SERVICE IN THE COMMUNITY

- Habitat for Humanity
- Special Olympics
- Stayton Community Foodbank
- Food or clothing drives
- Immersion retreats
- Upward Bound Camp
- Marian Estates
- Lakeside Assisted Living
- Assisting an elderly person (unrelated to you) in house or yard work
- Reading to blind people
- Tutoring at-risk youth
- Right for Life
- Soup kitchens
- Homeless shelters

Remember that at least half of your hours must be from community hours. Make an effort to really stretch yourself to live as Jesus did and follow the Gospel.

Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me... 'Amen I say to you, whatever you did for one of these least of my brothers of mine, you did for me.'

Matthew 25:34-41



SOPHOMORE SERVICE VERIFICATION FORM

Student Name	Year of Graduation	
Name of Agency or Event	Service Type <input type="checkbox"/> Community <input type="checkbox"/> School <input type="checkbox"/> Church	
Supervisor's Name	Phone	
Date(s) of Service	Hours Completed	Supervisor's Signature

PLEASE COMPLETE Describe your experience in full detail. Attach additional paper of necessary.

What initial assumptions did you bring with you about the people you were serving? How does the reality compare?
Describe what you did during your service experience.
Choose a Scripture passage to use as a point of reflection on your work or experience. Explain why you chose this passage.
What did you learn from your experience?
Describe and explain one emotion you had during your service experience.
How did you grow spiritually from this experience?
How did your help benefit others (directly or indirectly)?

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